



Senior Resource
ASSOCIATION

FILL THE PANTRY

Many of our seniors live alone, suffer from movement and strength issues, and/or have chewing/swallowing concerns.

To ensure our pantry items are widely useful, we respectfully request the following items packaged in easy-open containers when available.

We also need single-serving sizes of nonperishable, shelf-stable foods.

772.569.0760

MEALS on WHEELS
INDIAN RIVER COUNTY



Applesauce
Boost (any flavor)
Canned beans
Canned chili
Canned fruit
Canned meats (tuna, chicken, beef)
Cereals
Chef Boyardee microwavable foods
Crackers
Ensure (any flavor)
Instant grits
Instant macaroni & cheese
Instant potatoes
Instant rice
Jelly
Kellogg's Nutri-Grain Bars (soft only)
Pancake mix
Pasta
Peanut butter
Ramen noodles
Shelf - stable milk
Spaghetti sauce
V8 juice

Collecting

MON - FRI
8:30 AM - 5:00 PM

VERO BEACH
694 14TH ST

SEBASTIAN
815 DAVIS ST